

Patient Dilation Consent Form

Dilation is an important part of your complete eye exam. The dilation is the use of eye drops which temporarily enlarge your pupils so that we may better examine the internal areas of your eyes. The drops take about 20-30 minutes to dilate the pupils and then you would be re-examined. Dilation allows the doctor to detect many slight, or even life threatening conditions which otherwise might go undetected. Like glaucoma, macular degeneration, retinal tears or detachments, cataract, diabetes, hypertension, tumor and many others.

The temporary side effects of dilation include blurred near vision and increase the sensitivity to light about 4-6 hours, although it can last longer in some people. Most people will be able to drive as long as they have sunglasses (which we can provide if you didn't bring any). However, if you feel uncomfortable driving, or have never driven with your eyes dilated, it may be best to have a driver. Please note there is no additional charge for having your eyes dilated.

It is highly recommended to have your eyes dilated if:

- You are new to our office
- You are diabetic
- You are over age 45
- You have a high prescription
- Have been previously diagnosed with a condition in the back of the eye that needs yearly monitoring.

If you do not fit in the above categories, it is still recommended to have your eyes dilated at least every two years.

Please check one of the following:

- I have read and understood the above stated information and I choose to be dilated today.
- I would like to schedule a time to come back for the dilation (no additional charge)
- I do not wish to be dilated and I understand that certain pathologies may not be detected as a result

Patient Signature: _____ Date: _____